

ST JULIANS MEDICAL CENTRE



13a Stafford Road

Newport

South Wales NP19 7DQ

Tel: 01633 251304

www.stjuliansmedicalcentre.co.uk

Welcome To St Julians Medical Centre

A Practice With A History

It is over 40 years since a Newport doctor's practice hit the national headlines. The furore blew up because at that time unsightly telegraph poles were not allowed on council estates and the St Julians Practice started up by Dr John E Lloyd was refused planning permission for a telegraph pole outside the surgery. It became known as the "practice without a phone" but after the local and national press stepped in with headlines like "No pole, no doc!" all became sweetness and light and a phone was installed.

Permission had been granted to develop a new general practice in the St Julians area and Dr Lloyd rented a council house in Worcester Crescent but within two years the facilities proved inadequate and a new house was built in Beaufort Road, St Julians. Dr David Davies had by now joined the team to meet the demands of the new practice but accommodation was often so inadequate that patients sat on the grass outside to wait their turn.

It was decided to move once again, this time to 213 Caerleon Road and even larger facilities. Growth continued and the practice welcomed Dr Bernard Palmer who had returned from Canada.

By the 1980s a lady doctor, Dr Saleh, had joined the practice and with the arrival of a practice manager and the installation of a computer system, the practice at 213 Caerleon Road was literally going through the roof!

Retirement was fast approaching for the two elder partners and the younger partner, Dr Simon Price, began looking for larger accommodation. Previously, the old St Julians Clinic controlled by the local authority had only been available for rental, but with changing political attitudes the site in Stafford Road became available for purchase. The post-war hangar-type building was demolished and has now made way for a large multi-function clinic to carry on the traditions of the Caerleon Road surgery. It is hoped this will cope with the demands of the new century.

Dr Graeme Yule joined the practice at 213 Caerleon Road in August 1992 and Dr Ray Monsell in February 1993. Dr Janet Evans joined us at St Julians Medical Centre in August 1995. Dr Malcolm Brown joined in January 2001.

The Practice Premises

We have easy access for all disabled people and for parents with pushchairs to all parts of the building, including toilets.

For the latest information click to: www.stjuliansmedicalcentre.co.uk

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The Doctors

Dr Simon D Price	MB ChB 1980 (Wales) MRCGP DRCOG
Dr Sanaa Saleh	MB ChB 1976 (Alexandria) LRCP LRCS Dip in Therapeutics (Wales) DA (London) Family Planning Diploma Diploma in Management of Diabetes in Primary Care (Huddersfield University)
Dr A Graeme Yule	MB ChB 1988 (Wales) Certificate in Management of Drug Misuse
Dr Ray M T Monsell	MB ChB 1984 (Wales) MSc Dip in Sports Medicine Certificate in Management of Drug Misuse, Accredited in Advanced Minor Surgery & Joint Injection. Outside: World Boxing Organisation, World Boxing Council, Welsh Amateur Boxing Association
Dr Janet F Evans	MB BS 1989 (London) MRCGP DRCOG
Dr Malcolm P Brown	MB ChB 1994 (Wales) MRCGP

Practice Nurses

We have a team of practice nurses who are able to provide independent help and advice on many aspects of nursing and healthcare including:

- Chronic Disease Management (diabetes/asthma/heart disease)
- Cervical Cytology Screening
- Travel Health
- Immunisations
- Woundcare Management (dressings, removal of sutures etc)
- Women's Health (eg contraception)
- Ear Syringing

All the nurses work by appointments which can be arranged via the receptionists. If you require follow-up treatment from hospital or elsewhere, please contact the surgery immediately upon discharge to make an appointment.

Practice Manager

Our practice manager, is available to help with any non-medical problems, or to receive any suggestions or complaints regarding the service offered by the surgery.

Receptionists And Attached Staff

These ladies are here to help you. They have a difficult job with phone calls and enquiries from all directions. When telephoning for medical attention the receptionist may ask for a few details. All reception staff have been fully trained and make these enquiries in order to help you in the most appropriate way. Please rest assured that the rules of confidentiality apply equally to all practice staff.

District Nurses

Our district nurses work closely with the doctors and are able to provide treatment at home and advise about care and convalescence after discharge from hospital. They can be contacted on Newport 225800.

Health Visitors

The health visitors can give expert advice on your own and your family's health care. They run the child health clinics with the doctors and are happy to give advice for all family problems arising from the very young to the very old. They can be contacted on Newport 225801.

Midwives

The Monnow Team of midwives run the antenatal clinic in association with the doctors. One of the Monnow Team will provide care in the home after the birth of your baby. A team member can be contacted on 07946 578656 or 07946 578652. If no response from mobiles, tel: 234608/234618.

Opening Hours

Monday - Friday 8.30am - 6.00pm

Consulting Hours

Monday - Friday 8.30 - 12 noon, 3.30 - 5.30pm (afternoons by appointment only)

Appointments

Would patients please note that the surgery is run on a booked appointment system, with a duty doctor available to see urgent cases. We do not operate open surgeries.

All patients attending the surgery without a booked appointment will be classed as an urgent medical emergency and will only be seen by the duty doctor.

Patients will not be seen by the doctor of their choice, unless specifically requested by the doctor. If you need to see a specific doctor, an appointment should be made well in advance.

Appointments can be made by either calling at the reception desk or by telephoning 251304.

May we remind you again that missed appointments are very frustrating for both the doctor and for other patients who may have had difficulty getting an appointment which you are not using. Thank you for your consideration.

Home Visits

Home visits are at the absolute discretion of the doctors. House calls must only be requested if the patient is too ill or too infirm to attend surgery and for no other reason. If the patient has a rash or temperature, coming to the surgery will do no harm nor endanger others but please inform the receptionist of any rashes on arrival.

When a home visit is required, please try to request the visit before 10.00am, except in an emergency.

The receptionists are told to ask for as much information as possible by the doctors so that requests can be given the necessary priority.

Out Of Hours

If you require an emergency call out of surgery hours, telephone 251304 for a recorded message giving appropriate advice. Such calls must only be made for medical emergencies that cannot wait until the next working day.

Emergencies

In cases of collapse, suspected heart attack etc, where immediate medical attention is required, telephone 999 and ask for an ambulance.

The practice uses a doctors' deputising service at certain times and this is unlikely to change in the foreseeable future.

Booking Transport To Hospital

Hospital Transport Services are provided to help patients get to their hospital or clinic appointment. Through positive changes in the way transport will be booked, patients who need ambulance transport to attend their hospital appointment will now book their transport directly through a Transport Booking Centre.

When you receive your appointment letter from the hospital, you should contact the Transport Booking Centre on the freephone number **0800 32 82 332**.

Remember - if your appointment is changed for any reason, please tell the Transport Booking Centre.

If you need an ambulance for a medical emergency you should always phone 999.

Repeat Prescriptions

Our repeat prescription system is controlled by computer. If you take medication on a regular basis, you will need to make further requests by using the tear-off slip on the right hand side of the computerised prescription. About a week before you run out of medication, tick off which items you require and either place it in the prescription box provided in the surgery entrance, hand it to a receptionist or post it to the surgery (if posted, remember to enclose a stamped addressed envelope). Your prescription will be ready 48 working hours after it has been ordered.

Remember that the surgery is closed during weekends and bank holidays, so give yourself extra time to obtain your prescription. From time to time, you may be asked to see a doctor to review your medication. If your prescription is to go to a chemist, mark the name of the chemist clearly on your prescription request.

Enquiries And Test Results - Ring 251304 between 1.30 - 2.45pm

These results are given on request only to the person to whom they relate, or to the parent of a minor.

Change Of Personal Details

If you change your name, address or telephone number, please give full details at reception, including your postcode.

Services Outside The NHS

Certain certificates and examinations are not covered by the NHS. For these, a fee is charged according to the British Medical Association recommended scales.

These include: private certificates, holiday cancellation certificates, fitness to travel, freedom from infection certificates, BUPA, PPP etc claim forms, insurance certificates for continued sickness, passports etc.

Medical examinations - fitness to drive, fitness for certain sports, pre-employment, HGV, PSV, taxi licences etc.

For the latest information click to: www.stjuliansmedicalcentre.co.uk

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- Heartburn/reflux
- Diarrhoea
- Constipation
- Unexpected weight-loss
- Loss of appetite
- Bleeding from the bowels
- Nausea/vomiting
- Haemorrhoids
- Abdominal pain
- Hiatus hernia
- Liver and Gall-bladder problems
- Anaemia
- Advice on weight loss surgery
- Screening for bowel cancer

Nucleus Healthcare is open to everyone you do not need private health insurance to visit us.

Patients may contact Nucleus Healthcare directly to arrange an appointment.

We are able to offer appointments within 24 hours.

Nucleus Healthcare is recognised by all major health insurance companies.

CONTACT US ON: 01633 815900



Some of Wales' finest physicians and surgeons specialising in gastroenterology consult at the centre. Nucleus Healthcare is the UK's first private clinic offering state-of-the-art facilities for the prompt, expert diagnosis and treatment of all acute and chronic problems of the digestive system.



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Nucleus Healthcare was inspected and accredited by Health Inspectorate Wales in January 2008.

Spooner Close, Celtic Springs Business Park, Newport, NP10 8FZ. Tel: 01633 815900.

Fax: 01633 815915 Email: enquiries@nucleushealthcare.co.uk Web: www.nucleushealthcare.co.uk

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ARE YOU AT RISK?

Nucleus Healthcare treats many conditions including:

- Irritable Bowel Syndrome
- Coeliac Disease
- Peptic Ulcers
- Crohn's Disease
- Diverticular Disease – and many more

We also specialise in bowel and stomach cancer screening.

You can reduce your likelihood of developing these diseases by early identification of symptoms. If caught early enough, bowel cancer is one of the most curable cancers and in many cases can be completely cured.

Some of the many procedures offered:

- Endoscopies
- Oesophageal and Rectal Manometry
- Capsule Endoscopy
- Abdominal and Endoanal Ultrasound

Nucleus Healthcare is supported by doctors, nurses and administrative staff chosen for their expertise and skills in offering patients the highest standards of care available.

If YOU are reading this, then so could patients looking for your kind of service.

To place an advertising feature in our practice booklets and book a daily reminder of your service on our appointment cards and website simply phone Jenny Mellenchip now on 0800 612 1516



To advertise **your** business to **our** patients on low cost, easy payment terms call 0800 0234 196.

Clinics Held At Surgery

Well Woman Clinic	Monday 2.00 - 3.00pm by appointment
Diabetic Clinic	Monday and Thursday am by appointment
Coronary Heart Disease (CHD)	Tuesday and Wednesday pm by appointment
Respiratory Clinic (Asthma/COPD)	Monday pm, Tuesday am and pm by appointment
Antenatal Clinic	Wednesday 1.00 - 2.30pm by appointment
New Booking Clinic	Tuesday 1.30 - 2.30pm
Asthma/Diabetes Assessment Clinic	Monday 9.30am - 12 noon by appointment

How To Register

Patients wishing to register at the practice are required to collect and complete two forms, available from reception.

Form 1 is a registration form and Form 2 will provide the doctor with your relevant medical details until your medical records are received from your previous general practitioner.

Once these forms are completed and returned, you will be asked to contact the surgery in 48 hours to check on your acceptance and, if successful, arrange an appointment for a new patient check with one of our practice nurses.

Proof of your present address eg current utility bill, is required to be shown at the time of registration.

Minor Operations

Minor surgery procedures are undertaken at the discretion of the doctor.

Family Planning

We provide a full range of contraceptive services, including coil (IUCD) and cap (diaphragm) fitting. Make an appointment with the doctor.

Immunisation For Foreign Travel

As well as the practice nurse providing comprehensive advice about overseas travel and vaccination, we are registered as a Yellow Fever Centre.

Please make an appointment to see the nurse at least eight weeks before intended date of travel.

Flu Vaccination

An influenza vaccination is particularly recommended for patients with heart, lung or kidney disease, diabetes and residents of nursing and rest homes.

Please contact the reception staff in September for details of the vaccination dates and to make an appointment.

Students

From time to time medical students may visit the practice and sit in with the doctors in surgery. Such experience is a very valuable part of undergraduate training.

You will be informed beforehand if there are medical students present. If you do not wish students to be present during your consultation, please say so and you will see the doctor alone.

For the latest information click to: www.stjuliansmedicalcentre.co.uk

Training Practice - GP Registrar

We have been approved as a training practice and a fully qualified doctor, known as a GP registrar, will be employed by the practice for six to twelve months at a time.

Practice Counsellor

Raymond Jones, practice counsellor, is at the practice on a Friday. Referral to the counsellor is by your doctor.

Psychologist

A psychologist specialising in child and youth problems is at the practice once a month. Referral is by your doctor.

Dietician

A dietician is at the practice four times a month. Referral is by your doctor.

Citizens Advice Bureau

A case worker is engaged at St Julians Medical Centre for two sessions a week: Tuesday 1.00 - 4.00pm and Friday 1.00 – 4.00pm. The case worker assists with problems relating to benefits, debt, housing, employment and relationship problems. Referral is by GP or other healthcare professional.

Why Does The NHS Collect Information About You?

Your doctor and the team of healthcare professionals caring for you keep records about your health and any treatment or care you receive from the NHS. This information will either be written down (manual records) or held on computer (electronic records). These records are then used to guide and manage the care you receive.

You may also be receiving care from organisations outside the NHS (like social services). If so, we may need to share some information about you so that everyone involved in your care can work together for your benefit. Whenever this is necessary, your information will be handled in the strictest of confidence and will be subject to the principles of confidentiality.

What To Do In Time Of Bereavement

When someone has died, it is often hard to know what to do. We are available for advice and support but there are certain practical steps you might like to know about.

If Someone Dies At Home

These are the things you will have to do:

1. Telephone the doctor. They will visit you to confirm death has taken place and tell you how to obtain the death certificate.
2. Contact the funeral director.

If Someone Dies In Hospital

These are the things you will have to do:

1. Contact the funeral directors to let them know that their services will be required.
2. Collect the doctor's death certificate from hospital.

In All Cases Of Death

1. Take the certificate to the registrar's office for the area in which the death took place. Also take the deceased's medical card, if available, and birth certificate. The registrar will issue you with a green form.
2. Take the green form to the funeral director who will take over the responsibility for arranging the funeral.

Practice Pledge

You have the right to be treated with courtesy, dignity and respect.

- It is your responsibility to extend the same courtesy and politeness to the practice team.

You have the right to be seen urgently if your condition necessitates this.

- It is your responsibility not to misuse urgent appointments that may be required for other patients.

You have the right to be informed if you will be kept waiting for more than 30 minutes past your appointment time.

- It is your responsibility to inform us in advance if you are unable to keep your appointment.

You have the right to request a home visit if your illness or infirmity renders you housebound.

- It is your responsibility not to request a home visit unless it is strictly medically necessary.

(Please note that your doctor has both the right and the responsibility to make a final decision on whether a home visit will be made.)

You have the right to collect your repeat prescription on the working afternoon 48 hours following your request.

- It is your responsibility to ensure that you order your repeat prescription in good time.

It is your right to expect a high standard of efficient and up-to-date healthcare.

- It is your responsibility to aid us in providing this, by being aware of the information in this booklet and accessing our services appropriately.

Zero Tolerance

Violent, threatening or abusive behaviour towards any member of staff within St Julians Medical Centre will not be tolerated and will be dealt with appropriately.

Practice Complaints Procedure

If you have a complaint or concern about the service you have received from the doctors or any of the staff working in this practice, please let us know. We operate a practice complaints procedure as part of an NHS system for dealing with complaints. Our complaints system meets national criteria.

How To Complain

We hope that most problems can be sorted out easily and quickly, preferably at the time they arise and with the person concerned. If your problem cannot be sorted out in this way and you wish to make a complaint, we would like you to let us know as soon as possible - ideally within a matter of days or, at most, a few weeks, because this will enable us to establish what happened more easily. If it is not possible to do that, please let us have details of your complaint:

- within 6 months of the incident that caused the problem
- or within 6 months of discovering that you have a problem provided this is within 12 months of the incident

Complaints should be addressed to Ceri Kenvyn, practice manager, or any of the doctors. Alternatively, you may ask for an appointment with Ceri in order to discuss your concerns. She will explain the complaints procedure to you and will make sure that your concerns are dealt with promptly. It will be a great help if you are as specific as possible about your complaint.

What We Shall Do

We shall acknowledge your complaint within two working days and aim to have looked into your complaint within 10 working days of the date when you raised it with us. We shall then be in a position to offer you an explanation or a meeting with the people involved. When we look into your complaint we shall aim to:

- find out what happened and what went wrong
- make it possible for you to discuss the problem with those concerned, if you would like this
- make sure you receive an apology, where this is appropriate
- identify what we can do to make sure the problem does not happen again

Complaining On Behalf Of Someone Else

Please note that we keep strictly to the rules of medical confidentiality. If you are complaining on behalf of someone else, we have to know that you have their permission to do so. A note signed by the person concerned will be needed unless they are incapable (because of illness) of providing this.

Complaining To The Health Authority

We hope that if you have a problem you will use our practice complaints procedure. We believe this will give us the best chance of putting right whatever has gone wrong and an opportunity to improve our practice. This does not affect your right to approach the Local Health Board if you feel you cannot raise your complaint with us or you are dissatisfied with the result of our investigation. You should contact the Local Health Board at Wentwood Suite, St Cadoc's Hospital, Lodge Road, Caerleon, Gwent NP19 3XQ Tel: 01633 436200.

Freedom Of Information – Publication Scheme

The Freedom of Information Act 2000 obliges the practice to produce a Publication Scheme. A Publication Scheme is a guide to the 'classes' of information the practice intends to routinely make available.

This scheme is available from reception.

Self Treatment Of Common Illnesses And Accidents

Many problems can be treated at home without the need to consult a doctor.

Back Pain

Most back pain is caused by poor lifting technique. Always lift by bending your knees and keeping your back straight. Rest your back by sitting as upright as possible or lying flat on your back with your knees bent (a cushion under your knees often helps). Gentle stretching exercises improve the speed of your recovery. Swimming is excellent when a little more mobile. If there is no improvement after a few days, or the bladder is affected, consult your doctor. Chiropractic is essentially the specialist diagnosis, treatment and prevention of disorders affecting the muscles and joints of the spine and extremities which commonly cause back pain. It is not an alternative to conventional medicine, but complementary to the help provided by your GP.

Bed Sores

Bed sores are far easier to prevent than cure. They are caused by prolonged pressure on certain parts of the body when lying in bed for long periods. They can be prevented by encouraging the patient to shift position as often as possible and taking care to smooth out creases in the bottom sheet. Watch for red marks appearing at the pressure points such as heels, elbows, buttocks and hips. If they begin to appear inform the community nurse before they get worse.

Burns

Apply large quantities of cold water to the affected area. If the skin is unbroken but blistered apply a loose dry dressing. If the burn is larger than 10cm in diameter or if the skin is broken consult your doctor or nurse.

Chickenpox

On the first day a rash appears as small red patches 3-4mm across; within a short time blisters appear in the centre of these patches. During the next three or four days further patches will appear and the earlier ones will turn crusty and fall off. Oily calamine lotion may be applied to soothe the itching. Cool baths may also help. The most infectious period is from two or three days before the rash appears, to five days after this date. Children may return to school as soon as the last crusts have disappeared.

Colds, Coughs And Stuffy Noses

Colds are caused by viruses. Even today there is still no cure for the common cold. Paracetamol will help to relieve the headache, sore throat and aching as well as bring down a fever. Rest at home, take plenty of liquids. The best way to relieve catarrh is by inhaling steam. Add a teaspoon of vapour rub to a bowl of hot water, place your head under a towel and inhale for 5-10 minutes.

Constipation

This is a very common problem which can generally be avoided by ensuring plenty of fibre, eg cereals, fruit and vegetables in the daily diet, combined with plenty to drink. If necessary, laxatives are available from the chemist or most supermarkets.

Cystitis

This is not uncommon in women. It causes a burning sensation during frequent passing of urine. Drink plenty of fluids. If you have a fever or if your symptoms last more than 48 hours, consult your doctor.

Diarrhoea And Vomiting

This condition nearly always settles without treatment and the main aim is to ensure plenty of clear drinks are taken. Rehydration solutions are available from the chemist or alternatively one teaspoon of sugar and half a teaspoon of salt to a pint of boiled water makes a suitable drink. Food and milk should be avoided for the first 24 hours (breast feeding should continue, but more frequently if possible). Medication to stop diarrhoea is best avoided.

Earache

Earache is more common at night and may settle with paracetamol. If it persists for more than 24 hours, or is accompanied by a high fever, consult your doctor the next day.

German Measles (Rubella)

The rash appears during the first day and usually covers the body, arms and legs in small pink patches about 2-4mm across and doesn't itch. No other symptoms are usually present apart from occasional aching joints. It is infectious from two days before the rash appears, until the rash disappears in about four or five days from that date. The only danger is to unborn babies and, therefore, it is important that all contacts are informed in order that anyone who may be pregnant can contact their doctor.

Head Lice

These little parasites, contrary to popular belief, prefer clean hair and are not necessarily a sign of poor personal hygiene. Medicated lotion can be obtained from the chemist without prescription.

Influenza

This is a viral infection for which there is no cure, but it may be prevented by vaccination. For those at particular risk there are vaccination clinics every Autumn. The treatment is the same as for colds.

Insect Bites And Stings

Antihistamine tablets or creams eg Wasp-eze, can be obtained from the chemist and will usually relieve most symptoms. Bee stings should be scraped away rather than 'plucked' to avoid squeezing the contents of the venom sac into the wound.

Measles

The rash is blotchy and red and appears on the face and body around the fourth day of illness. It is at its most infectious from two or three days before the rash appears until eight or ten days after that date. Immunisation can prevent this disease.

Minor Cuts And Grazes

Gently clean the wound, pressing firmly for five minutes to stop any bleeding. Cover with a clean dry dressing.

Mumps

Symptoms are swelling of the glands in front of one ear often followed, after a couple of days, by swelling in front of the other ear. It is infectious from two or three days before the swelling appears until eight or ten days after that date. If the pain is severe you should consult your doctor.

Nosebleeds

Pinch the soft part of the nose firmly for 10 minutes. Sit upright with your head slightly forwards. Rinse the mouth frequently with cold water.

Sprains

Apply a cold compress, containing ice if possible, for 10 to 15 minutes to reduce the swelling. A bag of frozen peas wrapped in a towel is good for this purpose. Then apply a firm crepe bandage, and rest the injury until the pain has eased. Gentle movement over the next few days will speed recovery.

Sunburn

Treat as for other burns with cold water. Calamine lotion will relieve the irritation. Children are particularly susceptible and great care should be taken to avoid overexposure. Use protective sunscreens eg Factor 15 suncream, and take plenty of cool drinks to avoid dehydration.

Ticks

A blob of Vaseline will suffocate the tick which will subsequently fall off. Clean the wound with antiseptic. If the wound forms a spreading red patch or if you become unwell, consult your doctor.

Warts And Verrucae

These are caused by a virus and, given time, will disappear without treatment. If they are causing problems treatment is available.

Worms

These can be seen in the motions or suspected by intense itching around the back passage. A simple treatment is available from the chemist.

Looking After Your Child With A High Temperature

A child usually develops a fever in response to an infection. Usually the child will get over the infection without antibiotics. A few children, usually under three years old, may have a convulsion with a high temperature. It is therefore important to bring the temperature down, to make your child comfortable and to avoid convulsions.

If your child has a temperature or feels hot:

1. Give paracetamol at the higher recommended dose.
2. Undress your child and avoid thick covers at night.
3. Give plenty of cool drinks as fluid is lost with a fever.
4. Sponging with a tepid flannel will make them feel better and reduce the temperature.
5. Repeat the dose of paracetamol every four hours if necessary.
6. If your child does not improve ask your doctor for advice.
7. You will not make matters worse if you bring your child out to see the doctor. Sometimes the fresh air makes feverish children feel better.
8. If your child does have a convulsion, it should subside within five minutes. Lie the child on their side, stay with them while it lasts and contact your doctor as soon as possible.

Visit Our Website

The surgery website is a most effective way of giving our patients access to help and the latest information 24 hours a day, 7 days a week. It contains complete information about all the services we offer. It also details how the practice is organised and introduces our doctors, other medical and administrative staff and describes their various responsibilities. For easy, convenient access to our website, **bookmark** or place our website address in your **favourites** folder today.

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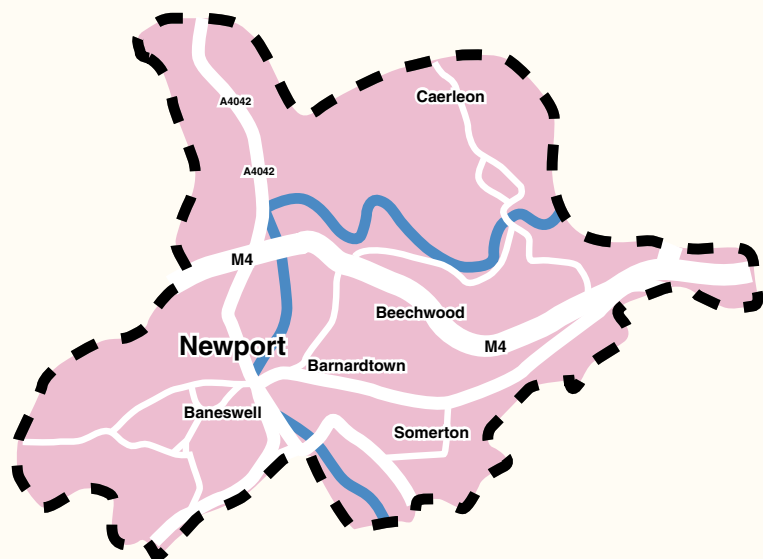
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MAP OF PRACTICE AREA



USEFUL TELEPHONE NUMBERS

Ambulance (Emergency)	999
Royal Gwent Hospital.....	234234
St Woolo's Hospital.....	234234
St Cadoc's Hospital.....	436700
University Hospital of Wales (Heath)	029 2074 7747
Gwent Health Authority.....	01495 332000
Department of Social Security	241600
Citizens Advice Bureau.....	265688
Samaritans.....	259000
RELATE (Marriage Guidance).....	253982
Registrar of Births, Deaths & Marriages	01633 414770
District Nurses	225800
Health Visitors.....	225801
Age Concern	244310
Partside Pharmacy.....	244026
Martin Davies Chemist	244757
Hospital Waiting Times.....	0800 66 55 44
Social Services	246724
Pregnant? Free Confidential Help and Advice Available 8.30am - 4.30pm.....	643757
Newport Local Health Board	01633 261430
Gwent Community Health Council	01495 740555/757600